

Central Valley Training Center Newsletter



March 2011

Directors Note

I feel as though each time I am getting ready to send a newsletter out, there is such great tragedy surrounding us in the world. I come to you today, not to dwell on such tragedies, but to inspire hope and the motivation to rise above and succeed in spite of it. All of you play an important part in people's lives each day. You all make a difference with every person you come into contact with. You are survivors, care providers, advocates, and friends. You are giving, caring, loving, and strong. It is the random acts of kindness that helps us to succeed because when other people feel good, we feel good. As we watch the news and find ourselves feeling sad or sympathetic, or even lost a bit, wishing you could help, I encourage you to go out and perform that small act of kindness and know that although, we can't physically be across the world helping, we can make the world a better place for all of us.

Erin Goudreau
Program Director

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"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

- Martin Luther King, Jr.

Events

- 2/26/2011 - Special Olympics Basketball at McNair High school
- 3/10/2011 - RSC 3 on 3 Basketball Tournament at Millswood School
- 3/17/2011 - RSC Bowling Tournament at Pacific Bowl
- 3/24/2011 - RSC Thunder Hockey Experience at the Stockton Arena
- 4/8/2011 - CHOICES conference at the SJ County Office of Education

Dream Team/ Hopes and Dreams News



Members of the Hopes and Dreams classroom visited one of the largest displays of reptile exhibits in the country. The exhibit included Pythons, Boas, Cobras, Anacondas, Lizards, Turtles, Geckos, Frogs, Spiders and more. The team experienced the circle of life by watching the reptiles eat live mice!!

Horizon Team News

The Horizon Team ended the 2010 year by attending the "Charlie Brown Christmas" lunch. The team also started the 2011 year strong by attending the CVTC sponsored "Valentine's Dance" where consumers ate, danced, took pictures, and overall had a very enjoyable time. Shortly following, came the "Save the Date" event, where some of the Area Board VI representatives presented this year's topic "Back to the Future, 19 years of Self Advocacy" which included a film, lunch, and a dance. This was a wonderful event! This is just the start of what promises to be an exciting year for consumers at CVTC!

Above: Jamil, John, and Harold at the Serpentarium



Above: Loydeen, Danny, Charlotte, Sharon, John, and Frank at the Self Advocacy lunch

"I can be changed by what happens to me, but I refuse to be reduced by it"

- Maya Angelo

Sensory Team News

The Sensory team is ready for Spring. Many of the individuals in this team love the outdoors! In fact, they probably spend most of their time training outside! Kevin is the newest member of team and as you can see to your left, he is happy and right at home with his friends!



Left: Juan, Joe, Michael, Scott, and Kevin enjoying the nice weather after volunteering their time to clean up the park

All-Stars News

As usual the All-Stars team got into the spirit of the holidays, this time it was for Valentine's Day! Many of the individuals posed for pictures and danced the day away. The All-Stars team also got into the giving spirit and added a new volunteer job to their calendar. They will be volunteering their time with the Animal Protection League, helping to walk the dogs and clean up the cages. Good job All-Stars!



Right: Sunny and Bridgette posing for a picture at the Valentine's Day Dance

Stockton Satellite News



The Satellite program did a lot this past quarter! They played in the Special Olympics basketball tournament (where they took first place!), the RSC bowling tournament, the Self-Advocacy lunch, the 3 on 3 basketball tournament, and went to the Serpentarium! And they did all of this in between their busy work schedules and volunteer jobs!

Left - Michael and Andre resting up before their big win in the second half of the Special Olympics basketball game

“A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.”

-Christopher Reeve

“Life is a succession of moments. To live each one is to succeed.”

- Corita Kent

Consumer Spotlight

Jimmy

Jimmy is part of the Dream Team. He is outgoing and friendly and he loves to dance! Jimmy likes to play basketball and participates in various Special Olympic events all year round. Jimmy also works on CVTC's janitorial crew. Jimmy is a sharp dresser, he was very handsome at the Valentine's Dance sporting a coat and a tie. That didn't stop him from boogying down with his friends though!

(Below see Jimmy dancing with Erin)

Below: Bill, Robby, Karl and Jimmy at the RSC 3 on 3 basketball tournament





Above: the CVTC Wildcats got first place in the Special Olympics Basketball Tournament

We Support People in achieving their potential!

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